



Black History Month

Monday 'Meaning'

This week's **Sacred Time** theme is 'Black History Month'.

This is an opportunity for us to explore and celebrate achievements of the Black communities in the UK.

What do you think this theme is about?
How could it link to the book you are reading in ERIC time?



'Try it' Tuesday



Each week for 'Try it' Tuesday, we will get an opportunity to put sacred time into action and be the 'Good Samaritan'. It will also be a chance to have a personal pause. **This week** research key figures from the Black community who have had a positive impact in sport, science or literature.

Tuesday 'Talks'



This week's **Sacred Time** theme is 'Black History Month'. Black History Month is an annual celebration of the achievements of Black communities and the remembrance of Black history across the world. In the UK, Black History Month takes place throughout October. [Watch this clip to find out more.](#)

Black History Month is an opportunity to ensure that all young people, no matter their background, learn about Black history, the achievements of Black Britons and their contributions to British society. As David Olusoga said in the recent BBC series Black and British, "this is our national story, this is British history, it belongs to all of us."

Personal pause – The theme for this year is 'Actions not words'. What do you think this means? Are you 'proud to be'? Why?



Wednesday 'Words of Wisdom'



This week's theme on 'Black History Month' scripture link from the Bible, New Testament.

"For there is no difference between Jew and Gentile—the same Lord is Lord of all and richly blesses all who call on him" Romans 10:12

What do you think this piece of scripture means? How does it link to our theme?

Read today's specific Bible reading [HERE](#).



Thursday 'Thoughtfulness'

Our thoughtfulness for today is a prayer from Howard Thurman, from "Meditations of the Heart":

Open unto me, light for my darkness. Open unto me, courage for my fear
Open unto me, hope for my despair. Open unto me, peace for my turmoil
Open unto me, joy for my sorrow. Open unto me, strength for my weakness
Open unto me, wisdom for my confusion. Open unto me, forgiveness for my sins. Open unto me, tenderness for my toughness
Open unto me, love for my hates. Open unto me, Thy Self for myself
Lord, Lord, open unto me!



Listen to the BBC Radio 4 'Thought for the Day' [HERE](#).



'Find out' Friday



What is happening in the world around us? **Watch** Newsround to find out more [HERE](#).



Key questions

What is happening in your world?

What is happening in St Helens and our local area?

Can we relate our theme this week to what is going on in the world?

Can we do anything to help any issues that our facing the world this week?

Should we help?



Our **cultural capital** link this week is a video on growing up black in America. Click the link [here](#) to watch. Website for Black History Month Black History [Month 2022 – Actions not words](#) and extra video clips to watch here [PSHE – Learning Resources – The Black Curriculum](#)



Form activity

As a form, design a poster to show your support for Black History Month. Take a picture and share it on the GC.

