

Ascentis E3 Award in Internet Safety for IT Users

This short interactive online course is provided by St Helens Council Adult and Community Learning service (ACL) and is composed of 4 units. On completion of these units, you will be able to take an online test and, once successful, will be awarded a certificate for the Award in Internet Safety for IT Users. Remote assessments and e-invigilation mean that you don't need to be in a classroom to complete the qualification, although tutors are available to provide support when required.

The 4 units, essential to internet safety, are listed below:

1) Risks and threats faced by users when online.

In this unit, you will learn about:

- The risks and threats that exist when using the internet, especially those in relation to personal safety and privacy; data security; computers and devices; social media.
- How to recognise common forms of cybercrime.

2) Preventative measures to safeguard self and others.

In this unit, you will learn:

- How to safeguard yourself and others when using the internet. You will learn how to protect your own safety and privacy and your online reputation and digital footprint.
- how to maintain your digital wellbeing, be able to recognise negative online behaviours and how to deal with cyberbullying

3) Preventative measures to maintain data security and protect computers and devices

In this unit, you will learn:

- how to maintain your data security and protect your computer and devices from unwanted risks and threats;
- how to configure browser and social media security settings to restrict access to posts, photos and tweets.

4) Safe practice guidelines and procedures.

In this unit, you will learn:

- why it is important to follow safe practice guidelines and procedures when using the internet;
- about digital respect and the legal constraints when uploading/downloading digital content;
- to recognise computer game and mobile app symbols suitable for different age groups, how to report concerns with online content and the organisations that deal with cybercrime.