

Settling in task

LCAHPIAREGOG

**Create as many words with these letters as you
can in the next few minutes**



Component 2: Learning Aim B

Care Values

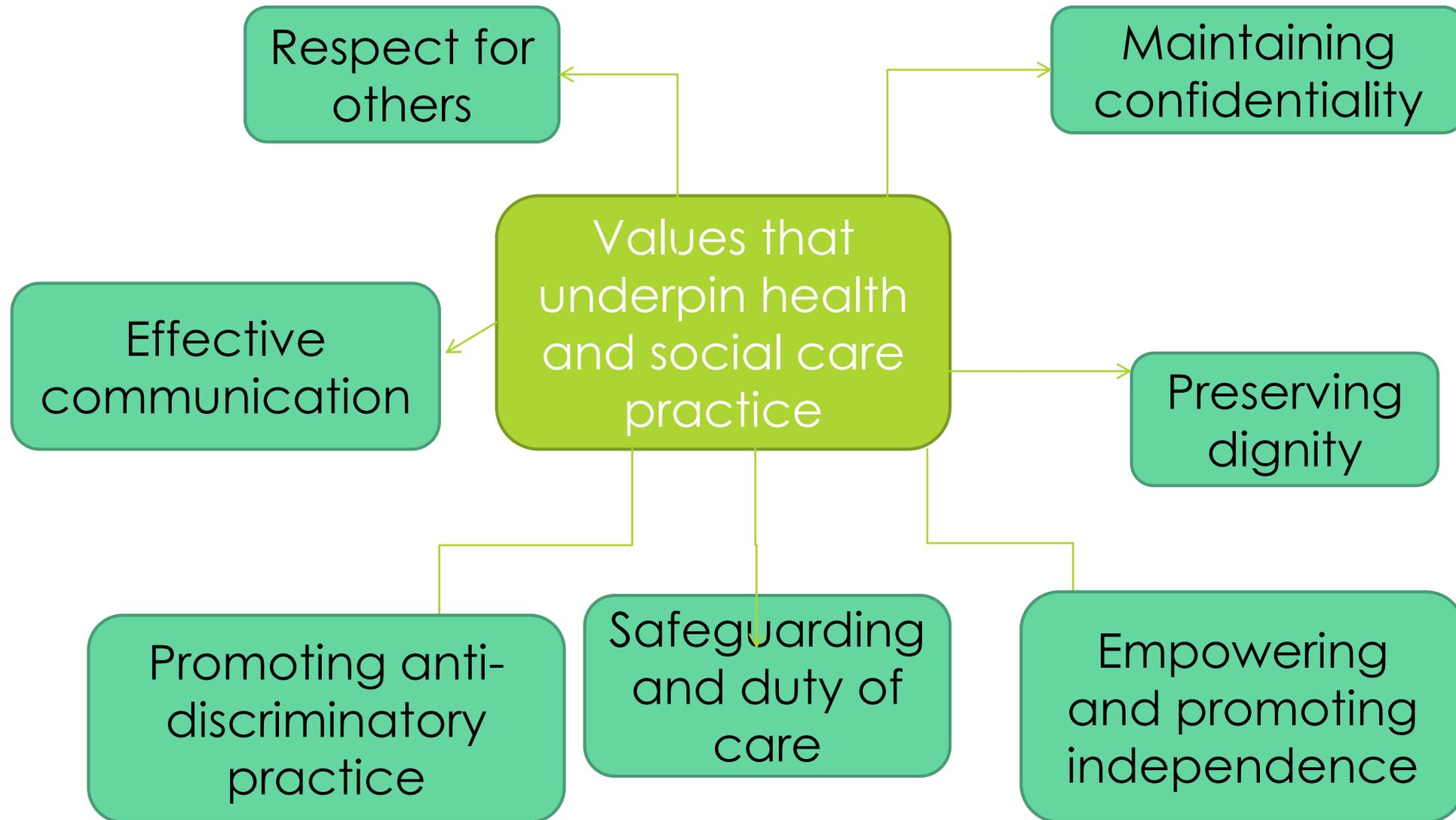
Learning Outcomes

- To identify care values (Pass)
- To explain what each of the care values are (Merit)
- To give examples of how to apply the care values (Distinction)

Starter

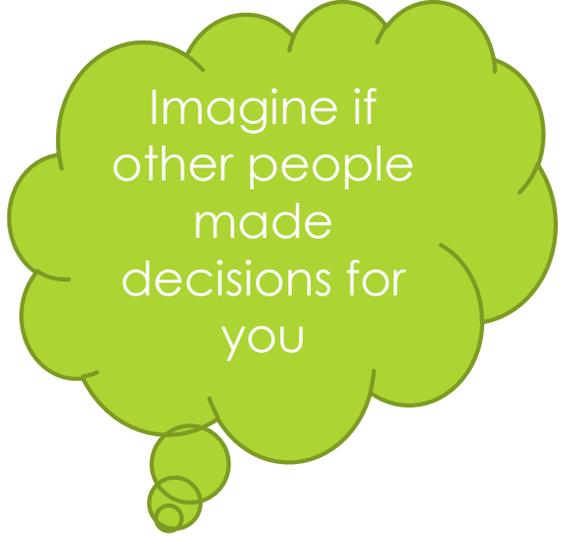
- ▶ Think about what values you think individuals who work in health and social care settings should have – be prepared to feedback to the rest of the class
- ▶ https://www.youtube.com/watch?v=zRPM_pqaPp4

Values are concepts that ensure health and social care is delivered in the best possible way.



Empowering and promoting independence

- ▶ Empowerment is when you feel in control of your life.
- ▶ Empowerment allows people to make choices about treatment and services
- ▶ To feel empowered people need to be given the information they need to make safe choices. Some people may need an advocate.



Imagine if
other people
made
decisions for
you

Empowering and promoting independence

Independence is about having control of our life, being able to do things ourselves and not relying on others.

Why might someone lose their independence?

- ▶ Depression and anxiety
- ▶ Chronic pain
- ▶ Dementia
- ▶ Lack of money
- ▶ Social isolation
- ▶ The death of someone close
- ▶ Sensory impairment
- ▶ Accident resulting in mobility or emotional problems
- ▶ Physical conditions

When people lose part or all of their independence it is important to be patient with them.

Tools can be given to individuals or adaptations can be made to encourage them to remain independent.

Respect for others

5 mins

Do you respect other peoples feelings? Give an example

Discuss these questions

Do you treat people the way you'd like to be treated? Give an example





10 mins

How can YOU demonstrate respect for these groups of people?

Create a thought shower in your book

- Young
- Old
- Different beliefs
- Mental health
- Sexuality

Respect for others

Tolerance and acceptance

- ▶ Respect is about being tolerant of others
- ▶ Tolerance involves accepting the views and opinions of others.

Respect for others

Respecting privacy

Respect can also be about privacy

Mind map: how can we respect privacy?

- ▶ Gain permission before entering someone's personal area
- ▶ Do not access someone else's phone without permission
- ▶ Do not intrude when service users are having personal time with their family or friends
- ▶ Ensure that single-gender bathroom facilities are used
- ▶ Do not open peoples mail
- ▶ Provide a private place for personal conversations

Preserving dignity

- ▶ Discuss all of the situations that make you feel embarrassed e.g. getting changed for P.E

Preserving Dignity

- Dignity is being respected and treated with care.
- Allowing someone to keep their dignity is about considering their feelings and not causing embarrassment.
- Some people are unable to preserve their own dignity.
- For example a person with a physical disability may not be able to:
 - ▶ **Take themselves to the toilet**
 - ▶ **Wipe spit food from their mouth and clothes while eating**
 - ▶ **Wash or dress themselves.**



Winterbourne View

- ▶ Watch the documentary and try to identify as many failings to apply the care values at Winterbourne View as possible

How could you ensure dignity is maintained doing these tasks?

5 mins

- ▶ Helping someone to go to the toilet
- ▶ Bathing
- ▶ Dressing
- ▶ Feeding someone

**Discuss in pairs and
write down your
ideas**

Protecting dignity

How can dignity be demonstrated to the following people.

Children

Adolescence

Older people

Mental health

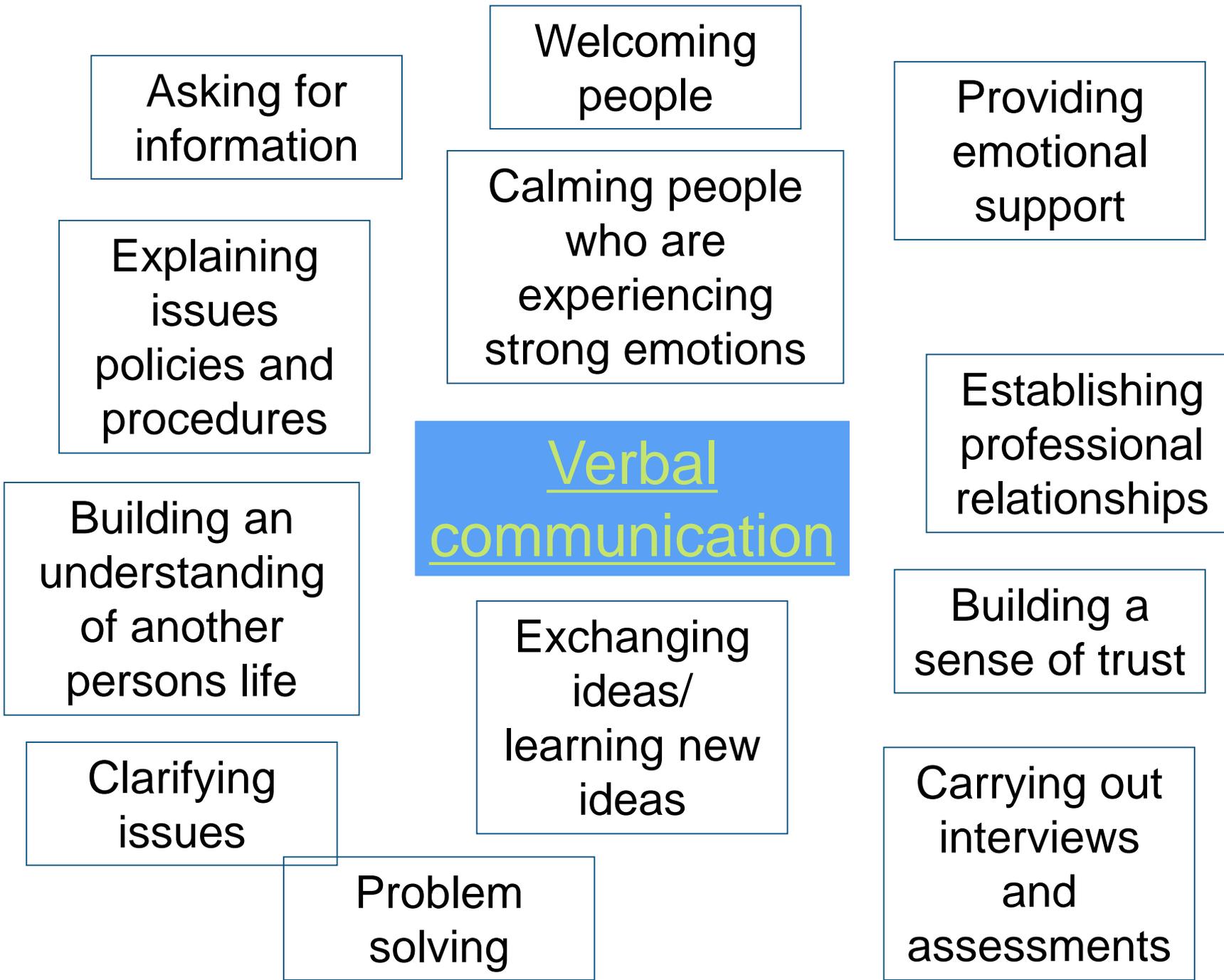
Example

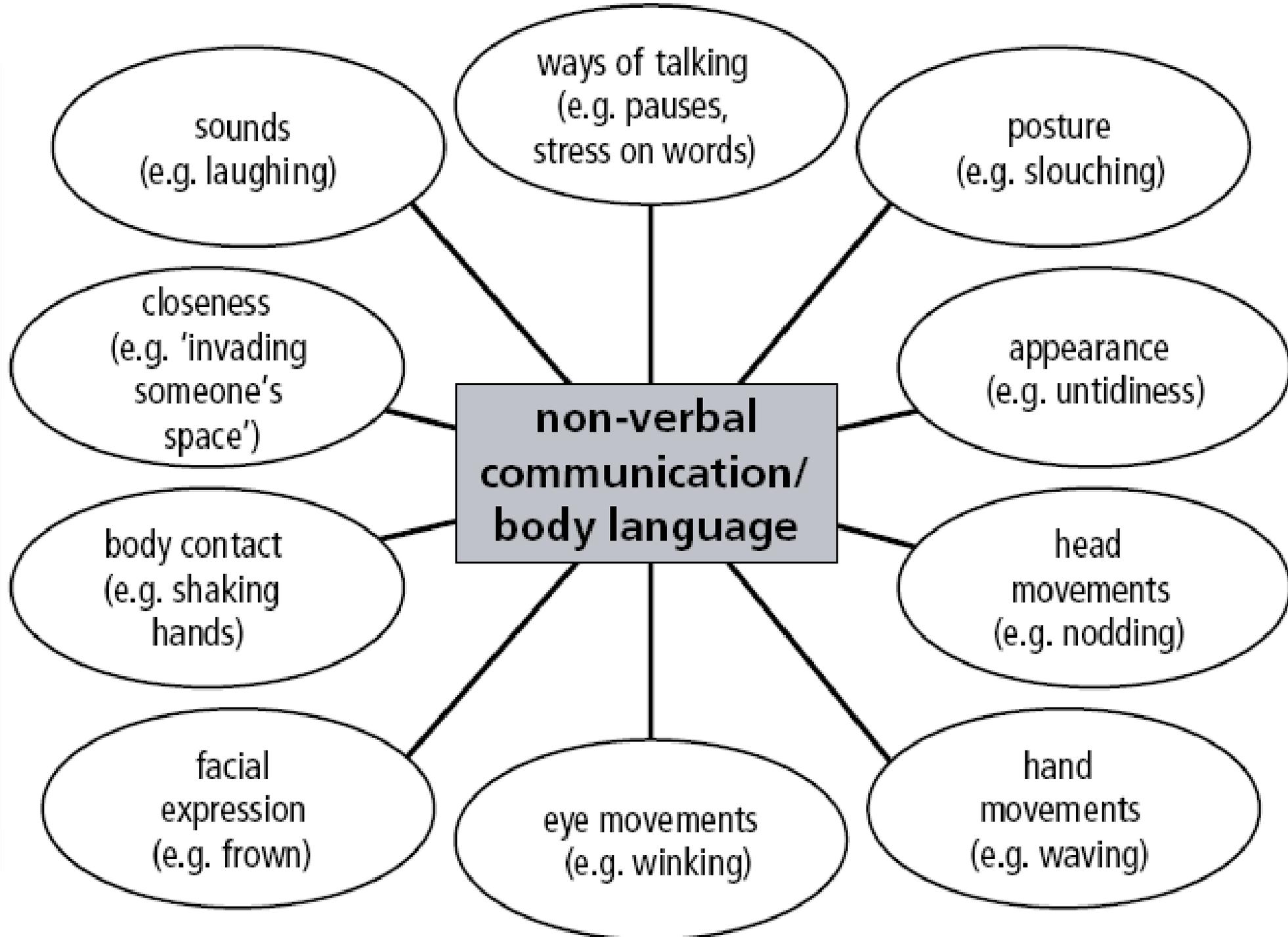
- ▶ Close Doors/ Screens/ Curtains
- ▶ Do not stare
- ▶ Do not expose parts of the body that do not need exposing
- ▶ Do not rush people



Effective communication

- ▶ Communication is a basic need and it is the key to all relationships, formally or informally.
- ▶ Poor and ineffective communication can lead to problem and a breakdown in communication can mean that communication has failed.
- ▶ It is important to build trusting relationships in HSC.





Task

10 mins

What would make communication effective in the following situations?

- ▶ One to one interaction in a GP surgery
- ▶ Elderly person with a hearing impairment in a care home
- ▶ Young person with learning difficulties in A&E
- ▶ Group discussion at a support group

Patch Adams

- ▶ The true story of a heroic man, Hunter "Patch" Adams, determined to become a medical doctor because he enjoys helping people. He ventured where no doctor had ventured before, using humour and empathy.
- ▶ As you watch the film, write down examples of care values being used

