

Leads – Justin McAuley and Nikki Ward

- Health Day programme
- Visiting speakers and events – focus on e-safety, gender and sexuality, drugs and alcohol
- Healthy Living included in Schemes of Learning and fully audited
- Staff trained in meditation and work with students
- Wellbeing Weeks
- Wellbeing Room
- Outdoor Gym installed to improve student health and wellbeing
- Mental Health Team to deliver stress and anxiety sessions

Lead – Joanne Grimes

- Commitment to a broad KS3 Curriculum including full access to Music, Drama, Art, Technology and Computer Science
- Wide range of qualifications and options for KS4 including Creative and Technology subjects
- Personalised curriculum- Melrose Centre
- Additional qualifications, e.g. First Aid, BOSS Champion

Lead – Nikki Ward

- Fully mapped programme
- Citizenship Enrichment Days
- Student Leadership projects
- HYPE

Wellbeing and mental health

Subjects and qualifications

Citizenship

Catholic Life and Spirituality

St Cuthbert's Catholic High School
Live life in all its fullness

Curriculum
* All areas discussed at Governors' meetings

Aspirations

Lead – Nikki Ward

- Careers strategy in place
- Achieved Quality in Careers Standard Mark – 2018
- Work Experience for all Year 8
- Careers Connect interviews and guidance
- Post-16 Evenings
- Employer Market Place
- Taster Days at Colleges and Universities
- Engagement with Russell Group Universities
- Mentoring Programme through Shaping Futures
- Mock Interviews with professionals
- CEIAG included where appropriate in Schemes of Learning
- CEIAG drop down days

Leads – Catherine Hughes, Nikki Ward and SLT

- Catholic ethos in all aspects of school life
- Outstanding in June 2018 (Ofsted Section 48)
- Collective Worship embedded and monitored from Y7 to Y11
- R.E. 10% of curriculum
- RSE Policy determined by Archdiocese. Fulfilled through Schemes of Learning and fully audited
- SMSC included in Schemes of Learning and fully audited

Sport and Fitness

Lead – Vicky Jackson

- Well-attended after school clubs and teams
- Participation at competitive events
- Whole School Sports Day
- Inter-form sporting competitions
- Sporting trips, e.g. football in Spain
- SPOTY awards
- Outdoor gym installed to help our young people exercise

Culture and Arts

Leads – Stuart Holland and Nikki Ward

- Drama – Drama Club, Visiting Productions, Theatre trips
- Art – Art Club, Exhibitions and displays
- Music – Peri lessons, bands choir
- Culture Days
- Range of cultural visits both in the UK and abroad
- Philosophy group
- Student Council
- St Helens Youth Parliament
- Duke of Edinburgh Scheme opportunities
- Debating competitions