

Shrove Tuesday/Lent Begins

Theme

This week are looking at:

The beginning of Lent and Shrove Tuesday!

This is the time of year when we prepare for the coming of Easter and for many a fasting begins on Ash Wednesday.

So we use up all our sweet sugary treats and make pancakes on Shrove Tuesday!

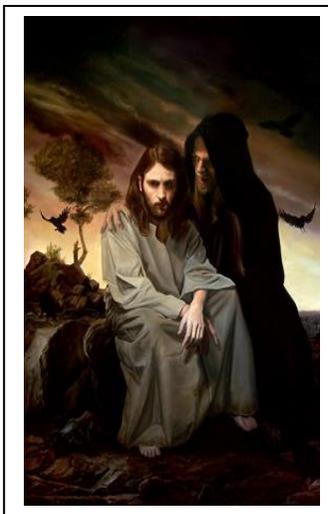
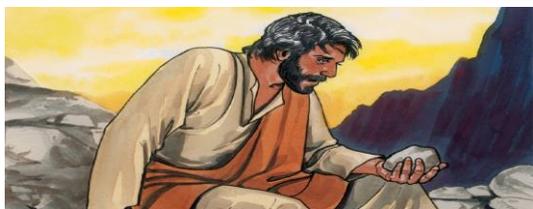
The purpose of Lent is to be a season of fasting, self-denial, Christian growth, penitence, conversion, and simplicity.

Lent, which comes from the Teutonic (Germanic) word for springtime, can be viewed as a spiritual spring cleaning: a time for taking spiritual inventory and then cleaning out those things which hinder our corporate and personal relationships with Jesus Christ and our service to him.

This Lent why not give up CHOCOLATE and give the money to charity! You can use your fasting to help others!

Read the Scripture below for inspiration!

<http://formtimeideas.com/>



Find out what is going on in the world or watch [BBC newsround](#)

Lord, we place these people and situations before you and ask you to help. In the name of the Father, and of the Son and the Holy Spirit, Amen

Maybe you could donate your chocolate money to a worthy cause you read in the news!

Look in your local paper

Relates to us

The theme this week relates to us during exam week at St.Cuthberts, as we are tested on our knowledge of our subjects so too was Jesus tested on the strength of His faith in God!

ScriptURE

This week's Bible connection is facing temptation during Lent like Jesus did: Matthew 4:

Then Jesus was led up by the Spirit into the wilderness to be tempted by the devil. And he fasted forty days and forty nights, and afterward he was hungry. And the tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written, 'Man shall not live by bread alone, but by every word that proceeds from the mouth of God.'" Then the devil took him to the holy city, and set him on the pinnacle of the temple, and said to him, "If you are the Son of God, throw yourself down; for it is written:

'He will give his angels charge of you, and
On their hands they will bear you up,
lest you strike your foot against a stone.'

Jesus said to him, "Again it is written, 'You shall not tempt the Lord your God.'" Again, the devil took him to a very high mountain, and showed him all the kingdoms of the world and the glory of them; and he said to him, "All these I will give you, if you will fall down and worship me." Then Jesus said to him, "Begone, Satan! for it is written, 'You shall worship the Lord your God and him only shall you serve.'" Then the devil left him, and behold, angels came and ministered to him.



Sacred time this week can link to the British Values of liberty and tolerance. This is because we respect the right for individuals to believe in any faith they choose and practice that faith. We are a Catholic Community celebrating Lent in preparation for Easter the most important time in the year of the Church.

Prayer



Prayers for Lent

Your Word reveals to us a simple truth,
that sin entered this world
through human folly
in believing we could be like you,
and permeated history
through envy, selfishness and greed.
Yet sin, which holds us tight
within its grasp
cannot resist a heart that is touched
by your grace through Jesus Christ,
cannot contend with Living Water
pouring into hearts and souls.
Your Word reveals to us a simple truth,
that sin is defeated
and we can become
the people we were always meant to be,
by your grace through Jesus Christ.

Key activities...

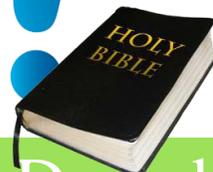
Hymn practice for 60th Celebration

Mass!

"Take Our Bread"

<https://www.youtube.com/watch?v=1DDz9c3zur1>

Thought for the day



Daily bible reading